



Clarify self-image as men and as women

Target group(s):	Participants from gender training groups, social workers, educational teams
Objective:	Exchange in gender-homogeneous working groups, clarify individual self-image and concept of roles as men and women
Method:	Gender-homogeneous working groups with subsequent exchange in gender-heterogeneous dialogue
Task:	<p>Discuss in gender-homogeneous groups:</p> <ul style="list-style-type: none">• What does being a man/being a woman mean to me?• What image of men or women do I take with me into my work?• What understanding do I have of feminism?• What understanding do I have of gender democracy?• Which approaches regarding men's policy am I aware of?• Is there something that connects us as women/men? <p>Against the backdrop of your discussion, formulate two or three thought-provoking theses that you would like to discuss with the whole group in the gender dialogue.</p>
Evaluation:	Plenary session: Presentation of theses from groups
Time:	90 -120 minutes (45–60 in working group, 45-60 minutes in plenary session)
Materials:	Flipchart paper for recording theses, pens
Remark:	